

Every Day Availability Lunch Menu

Every Day Hot Meals

Homemade Macaroni Cheese	\$4.50
Homemade Spaghetti Bolognaise	\$4.50
Homemade Chicken Pasta Bake	\$4.50
Homemade Taco Boat	\$4.50
Vegetarian GF Rice	\$4.00

Every Day Wraps & Rolls

With shredded lettuce, grated carrot, tomato, cucumber

2 slices Ham	\$4.00
100g Chicken	\$4.00
1 slice Cheese	\$3.50
2 slices of ham and 1 slice of cheese	\$4.50
½ tin of Tuna	\$4.00

Chicken Caesar Wrap

Shredded lettuce, grated carrot, bacon with Chicken and Caesar sauce.

Sweet Chilli Twister Wrap

Shredded lettuce, grated carrot, tomato with chicken tender and sauce.

Mrs Macs Pie Day – WEDNESDAY ONLY

Meat Pie	\$4.00
Sausage Roll	\$3.00
Party Pie or Half Sausage Roll	\$1.50



Every Day Toasted Sandwiches

Ham	\$3.50
Ham & Cheese	\$4.00
Cheese	\$3.50
Chicken, Cheese & May	\$4.50
Baked Beans	\$3.50

Every Day Salads

With shredded lettuce, grated carrot, tomato, cucumber

Ham	\$4.00
Chicken	\$4.00
Cheese	\$4.00

Extras or mayor or vinegarette are \$0.50 each

CANTEEN ORDERS CAN NOW BE PLACED ONLINE!!

WWW.OURONLINECANTEEN.COM.AU



THE TUMMY RUMBLE

Recess Menu

Watermelon Slices	\$0.50
Apple Slices with Vanilla Yoghurt	\$1.00
Cheese & Crackers	\$1.00
Cucumber, celery, carrot sticks with tzatziki dip	\$1.50
Pizza Sub	\$1.00
Cheesy	\$1.00
Vegemite & Cheese Scroll	\$0.50
Popcorn in a cup	\$0.50
Fruit Muffin	\$1.00
Pancakes	\$0.50
Yoghurt with mixed fruit & granola topping	\$1.50



Drinks

Chocolate, Strawberry, Peppermint, Plain Milk	\$2.20
Apple & Blackcurrant or Apple Juice Box	\$1.50
Chocolate or Vanilla Up & Go	\$2.20
LITE Raspberry or Passionfruit fizzy Water	\$2.00
Water	\$1.50

ICE CREAMS (AMBER)

TUESDAY & THURSDAY ONLY

Icypole	\$1.00
Paddel Pop Chocolate or Rainbow	\$2.00
Ice Cream Bucket	\$1.50
Twisted frozen Yoghurt	\$2.00
Strawberry & Vanilla	



Falcon Primary School

Canteen Menu

Term 1 2019

The P & C Committee would like to invite you to join our canteen roster. If you can spare one morning a week/ fortnight/ month we would welcome your assistance. If you are able to assist drop by the canteen and see Lucy for more information.

Parental assistance is crucial for the canteen to continue to provide the students with a diverse and healthy home cooked menu.

**The canteen is open
Monday to Friday**

**Contact Canteen Supervisors
Lucy or Sandy on 9534 2411**

**THE
TUMMY RUMBLE**